



VINE CLUB

Spa

TARGETED MASSAGE

For those short on time but in need of focused relief. This massage targets specific problem areas, such as the feet, neck, shoulders, back, or legs.

25 MINUTE

Member: 90 | Guest: 125

PRENATAL MASSAGE

Designed to support and soothe during pregnancy, this gentle massage focuses on areas of tension common in the second and third trimesters — including the lower back, hips, and legs. Light to medium pressure with unscented organic oil is used to promote circulation, reduce swelling, and ease muscular discomfort. A calming and safe experience tailored to expectant mothers.

Pressure: Light to Moderate

Note: Available for guests in their second or third trimester only.

50 MINUTE

Member: 165 | Guest: 200

THE VINE SIGNATURE MASSAGE

The Vine Signature Massage is the ultimate experience for those seeking deep relaxation and renewal. A customized blend of Swedish and deep tissue techniques is tailored to your individual needs, enhanced by soothing aromatherapy and a warm towel treatment. Designed to calm both body and mind, it's the perfect year-round ritual for lasting balance and peace.

Pressure: Moderate

50 MINUTE

Member: 150 | Guest: 200

80 MINUTE

Member: 205 | Guest: 250

DEEP RELIEF MASSAGE

Designed for those who prefer a firmer touch, this intensive massage targets deep layers of muscle to relieve chronic tension and restore mobility. Expert techniques using firm forearm and elbow pressure are combined with light stretching to enhance flexibility and circulation. Ideal for active lifestyles or those with persistent muscle tightness.

Pressure: Deep

50 MINUTE

Member: 175 | Guest: 220

80 MINUTE

Member: 225 | Guest: 275

THE VINE SCRUB

Elevate your day with targeted exfoliation rituals to renew and nourish the skin. Choose from our seasonal selection of aromatic body scrubs, featuring natural ingredients like citrus, herbs, sea salt, or raw sugar. Each scrub is designed to smooth the skin, stimulate circulation, and leave you glowing.

25 MINUTE - 75

50 MINUTE - 150

REVITALIZING PEAR CLAY WRAP

Immerse yourself in a deeply nourishing, sensory-rich body ritual designed to restore balance and glow to the skin with full-body exfoliation, a warm prickly pear red clay wrap to detoxify and rehydrate leaving your skin soft, supple, and radiant. Extended sessions may include a luxurious scalp or facial massage for enhanced relaxation and rejuvenation.

50 MINUTE - 175

80 MINUTE - 225

MAGNESIUM MELT & MASSAGE

Unwind into deep relaxation with this restorative full-body experience designed to ease tension and soothe tired muscles and joints, smooth the skin and enhance mineral absorption with full-body massage. Extended sessions include focused therapeutic work, CBD joint support, or a nourishing scalp massage for a deeply grounding, head-to-toe renewal.

80 MINUTE - 265

110 MINUTE - 295

BOOK APPOINTMENT

The Vine Club Spa

(859) 795-8463 ext. 110 • spa@thevinelex.com
106 W. Vine Street (8th Floor), Lexington, Ky 40507

PERSONALIZED COUPLES

MASSAGE

Share a serene escape with our Personalized Couples Massage — a luxurious experience crafted to relax, reconnect, and restore. Begin with a private consultation to uncover each guest's unique needs, allowing our skilled therapists to tailor a blend of techniques for deep relaxation, gentle renewal, or focused relief. Set in an elegant, candlelit suite, this side-by-side treatment invites you both to unwind in harmony, surrounded by calming ambiance and expert care.

50 MINUTE

Member: 325 | Guest: 450

80 MINUTE

Member: 410 | Guest: 540

ENHANCEMENTS

Add to any massage (Excludes Prenatal)

20

Aromatherapy

Choose from a variety of organic essential oil blends to create your own personalized scent therapy for total relaxation.

Hot Stone

Melt away deep muscle tension as smooth, heated stones gently ease stress and promote full-body relaxation.

Cupping

Release muscle tension and accelerate recovery with this technique that boosts circulation, reduces inflammation, and supports detoxification.

CBD Muscle Balm

Anti-inflammatory boost for sore areas with a cooling peppermint scent.

Head & Scalp Revival

A deeply relaxing treatment to soothe the scalp, soften hair, and leave you feeling renewed from head to toe.

Face Revival

Gentle massage techniques target the brow, temples, and under-eye area to reduce puffiness, relieve sinus pressure, and promote circulation. Finished with a cooling herbal eye mask for added relief and rejuvenation.